

Doreen's Dance Center, 711 Middletown Rd, Colchester
2009-2010 Season, Updated 6-22-09

<u>Ballet</u>			<u>Day</u>	<u>Time</u>	<u>Studio</u>	<u>Teacher</u>
Petites	Ballet		Wed	5:00-5:55	3	Ali
Kidz	Ballet		Tues	5:00-5:55	1	Ali
Freshies	Ballet		Tues	4:00-4:55	1	Ali
Sophies	Ballet		Mon	4:00-5:10	1	Ali
		&	Thurs	4:00-5:10	2	Ali
Senior	Ballet		Tues	8:00-9:15	2	Ali
		&	Thurs	7:30-8:45	2	Ali
	Pointe		Thurs	8:45-9:15	2	Ali
<u>Tap</u>						
Petites	Tap		Wed	6:00-6:55	3	Nicole
Kidz	Tap		Tues	6:00-6:55	3	Essie
Freshies	Tap		Thurs	4:15-5:10	1	Nicole
Sophies	Tap		Mon	5:15-6:10	1	Doreen
Junior	Tap		Wed	5:00-5:55	2	Doreen
Senior Recreational	Tap		Wed	7:00-7:55	1	Essie
Senior Company	Tap		Tues	6:00-6:55	1	Doreen
Adult w/ Experience	Tap		Tues	8:00-8:55	1	Doreen
<u>Jazz</u>						
Petites	Jazz		Thurs	5:15-6:10	1	Essie
Kidz	Jazz		Fri	4:15-5:10	1	Essie
Freshies	Jazz		Tues	5:00-5:55	3	Essie
Sophies	Jazz		Thurs	5:15-6:10	2	Nicole
Junior	Jazz		Wed	6:00-6:55	1	Essie
Senior Recreational	Jazz		Wed	8:00-8:55	1	Nicole
Senior Company	Jazz		Thurs	6:15-7:25	2	Nicole
Sr. Co. Conditioning			Wed	4:00-4:55	1	Nicole
Adult w/ Experience	Jazz		Tues	7:00-7:55	3	Kristin
<u>Hip Hop</u>						
Kidz (Intro)	Hip Hop		Thurs	5:15-6:10	3	Ali
Freshies	Hip Hop		Tues	6:00-6:55	2	Nicole
Sophies	Hip Hop		Mon	6:15-7:10	2	Nicole
Junior	Hip Hop		Wed	8:00-8:55	2	Ali
Senior	Hip Hop		Mon	7:15-8:10	2	Ali
<u>Lyrical/Contemporary</u>						
Kidz/Freshies	Lyrical		Thurs	6:15-7:10	3	Ali
Sophies/Junior	Lyrical		Tues	7:00-7:55	1	Essie
Senior	Contemporary		Tues	7:00-7:55	2	Nicole
<u>Modern</u>						
Freshies/Sophies	Modern		Fri	4:00-4:55	2	Nicole
Junior/Senior	Modern		Fri	5:00-5:55	2	Nicole

Acrobatics						2
Intro	Acro		Thurs	6:15-7:10	1	Essie
Level I	Acro		Fri	5:15-6:10	1	Essie
Level II	Acro		Wed	5:00-5:55	1	Essie
Pre-Ballet (Ages 3&4)						
Pre-Ballet I			Sat	9:30-10:15	1	Kristin
Pre-Ballet I			Thurs	4:15-5:00	3	Essie
Pre-Ballet II			Sat	10:30-11:15	1	Kristin
Ballet/Jazz Combination (Ages 5-7)						
Ballet/Jazz I			Mon	4:15-5:10	3	Nicole
Ballet/Jazz II			Mon	5:15-6:10	2	Nicole
Ballet/Tap Combination (Ages 5-7)						
Ballet/Tap			Sat	11:15-12:10	1	Kristin
Ballet/Tap I			Mon	5:15-6:10	3	Ali
Ballet/Tap II			Tues	5:00-5:55	1	Nicole
ZUMBA (Adult Exercise Class)						
			Mon	7:15-8:15	1	Nicole
			Wed	7:00-8:00	2	Ali
			Thurs	7:30-8:30	1	Nicole
Belly Dance (Ages 16 & up)						
			Wed	6:00-7:00	2	Anna Paradis
Acrobatics for Cheerleaders						
			Saturdays-Time TBD			

New Classes Offered:

Intro to Acro-Students ages 7 & up, no experience necessary

Kidz/Freshies Lyrical-Students ages 8-12 with one or more years of hour-long ballet or jazz

Sophies Modern-Students ages 10-13 with two or more years of hour-long ballet or jazz

Please Note: All classes and instructors are subject to change

If you are a returning student, please continue to page #4 for help with class placement.

Class Level Descriptions

Pre-Ballet I	Ages 3-4 with no dance experience
Pre-Ballet II	Ages 3 1/2-4 1/2 with one year of Pre-Ballet experience
Ballet/Tap Combination I	Ages 5-7 with no experience in Ballet/Tap
Ballet/Tap Combination II	Ages 5-7 with one year of Ballet/Tap experience
Ballet/Jazz Combination I	Ages 5-7 with no experience in Ballet/Jazz
Ballet/Jazz Combination II	Ages 5-7 with one year of Ballet/Jazz experience
Petites	Students leaving combination classes & new students ages 8-11
Kidz	Students with 1-2 years of full-hour classes, ages 9-12
Freshies	Students with 2-3 years of full-hour classes, ages 9-13
Sophies	Students with 3-4 years of full-hour classes, ages 10-13
Junior	Students with 5 years of full-hour classes, ages 10-14
Senior	Advanced teen classes, 6+ years of full-hour classes
Adult	Ages 16 & up (recreational classes with a mix of levels in these classes)
Belly Dance	For age 16 & up
Zumba	Latin Dance Combined with Cardio-Ages 16 & up

All ages are a guideline, please consult studio director for more information

Class Progression

The following is a general guideline. The director reserves the right to move students according to the technical progress if deemed necessary.

If you were in....

Ballet

Petites Ballet-Tues 5:00
Kidz/Freshies Ballet-Tues 4:00
Sophies Ballet Mon/Thurs 4:00
Junior Ballet-Mon 5:15/Wed 4:15
Sr. Ballet Tues/Thurs 8:00 Ballet
Pointe-Wed 5:15

Tap

Petites Tap-Tues 6:00
Kidz/Freshies Tap-Thurs 4:15
Sophies Tap-Mon 5:15
Junior Rec Tap-Mon 6:30
Junior Co. Tap-Wed 6:00
Senior Rec. Tap-Thurs 6:00
Senior Co. Tap-Tues 6:00
Adult Tap-Tues 8:00

Jazz

Petites Jazz-Fri 4:00
Kidz/Freshies Jazz-Tues 5:00
Sophies Jazz-Thurs 5:15
Sophies Jazz-Wed 5:00
Junior Rec. Jazz-Wed 6:00
Junior Co. Jazz-Mon 4:15
Senior Rec. Jazz-Thurs 7:00
Senior Co. Jazz-Thurs 7:00
Adult Jazz-Tues 7:00

Hip Hop

Kidz Hip Hop-Tues 6:00
Freshies Hip Hop-Thur 6:00
Sophies Hip Hop-Mon 6:30
Junior Hip Hop-Wed 8:00
Senior Hip Hop-Mon 7:30

Lyrical/Contemporary

Sophies/Junior Lyrical-Tues 7:00
Senior Contemporary-Tues 7:00

Modern

Jr. Modern-Fri 5:00
Sr. Modern-Fri 4:00

Combo Classes

Ballet/Jazz-Mon 5:15
Ballet/Tap-Tues 5:00
Ballet/Tap-Fri 4:15
Ballet/Tap-Sat. 10:30
Ballet/Tap Sat. 11:00

Then you should take...

Kidz Ballet-Tues 5:00
Freshies Ballet-Tues 4:00
Sophies Ballet Mon/Thurs 4:00
Senior Ballet-Tues 8:00/Thurs 7:30
Senior Ballet-Tues 8:00/Thurs 7:30
Pointe-Thurs 8:45

Kidz Tap-Tues 6:00
Freshies Tap-Thurs 4:15
Sophies Tap-Mon 5:15
Junior Rec Tap-Wed 5:00
Sr. Co. Tap-Tues 6:00
Senior Rec. Tap-Wed 7:00
Senior Co. Tap-Tues 6:00
Adult Tap-Tues 8:00

Kidz Jazz-Fri 4:15
Freshies Jazz-Tues 5:00
Sophies Jazz-Thurs 5:15
Junior Rec. Jazz-Wed 6:00
Junior Rec. Jazz-Wed 6:00
Senior Co. Jazz-Thurs 6:15
Senior Rec. Jazz-Wed 8:00
Senior Co. Jazz-Thurs 6:15
Adult Jazz-Tues 7:00

Freshies Hip Hop-Tues 6:00
Sophies Hip Hop-Mon 6:15
Sophies Hip Hop-Mon 6:15
Junior Hip Hop-Wed 8:00
Senior Hip Hop-Mon 7:15

Sophies/Junior Lyrical-Tues 7:00
Senior Contemporary-Tues 7:00

Jr/Sr Modern-Fri 5:00
Jr/Sr Modern-Fri 5:00

Ballet/Jazz II-Mon 5:15
Ballet/Tap II-Tues 5:00
Please Call studio
Please Call studio
Ballet/Tap-Sat. 11:15

If you were in....**Pre-Ballet**

Pre-Ballet-Sat. 9:45

Pre-Ballet-Sat. 10:00

Pre-Ballet-Tues. 3:00

Acrobatics

Level I-Fri 5:15

Level II-Wed. 7:00

Then you should take...

Please Call studio

Pre-Ballet II-Sat. 10:30

Please Call studio

Level I-Fri 5:15

Level II-Wed 5:00